

Pathfinder



Are you looking for a way to get more involved in your community and share your talents? If so, why not run for a Green Trails Improvement Association (GTIA) Board member position? The GTIA board consists of 15 directors – one per area – who are tasked with keeping Green Trails' (GT) Common Areas beautiful. Becoming a board member offers a unique volunteer opportunity to make a visible difference in your community.

This year, 7 of the 15 Board member positions are up for election. At the beginning of October, an election ballot is sent to every homeowner of record in each area where the board position is up for election. If you don't know the area in which you are an owner, check the mailing label on the back of this newsletter. Areas are referenced by the letters A through O.

There will be a board member election in the following GT areas for the term duration indicated:

3 Year (Full Term)

| Area: | Section: | Term end date: |
|-------|---|----------------|
| A | Heritage Farms 3,4,5 | Nov. 2025 |
| B | Heritage Farms 1, Oaks Condos | Nov. 2025 |
| E | Woodglen West (North of Green Trails Dr. West of Golfview) | Nov. 2025 |
| L | Surrey Ridge 4, BLakewood 1, Abbeywood Condos, Trails at Abbeywood Condos | Nov. 2025 |
| N | Tyrnbury, Torrey Pines Condos | Nov. 2025 |

2 Year

| Area: | Section: | Term end date: |
|-------|-------------------------|----------------|
| O | Green Trails Apartments | Nov. 2024 |

1 Year

| Area: | Section: | Term end date: |
|-------|-------------------|----------------|
| M | High Point Condos | Nov. 2023 |

Anyone interested in seeking one of these positions must be an owner in the area represented. In order to have your name placed on the official ballot, please complete the application below and send it to Green Trails Improvement Association, P.O. Box 3106, Lisle, IL 60532-8106. Alternatively, you can send your candidate application to gtia@greentrails.org. All candidate applications must be received no later than 5:00 pm on Tuesday, September 13, 2022.

Please see "Get Involved" cont. on page 2

What does GTIA do?

GTIA's main responsibility is to maintain 16 of the 26 miles of paths that wind their way through the Green Trails subdivision. The other 10 miles are maintained by the Lisle Park District. GTIA also maintains 198 lights along those 16 miles of trails and the areas around the 5 Green Trails welcome signs. GTIA operated on an approximate budget of \$470,000 for 2022.

What do board members do?

Board members meet the evening of the 2nd Tuesday of each month. Meetings are held at Trinity Church in Lisle or other local venue. The meeting location will be listed before the meeting in the Pathfinder newsletter and on the website home page, www.greentrails.org. Meetings typically last between 1 and 2 hours. Each board member also serves on one or more committees where he or she can apply his or her talents towards the betterment of Green Trails. Some committees meet a few times per year, some more often.

Why are there more than 5 openings for board members?

Typically, 5 board positions (one-third of the 15) are up for election each year. However, due to a lack of candidates in previous elections, some board members have been appointed to their positions. Appointed board members live in Green Trails, but do not necessarily live in the area they represent. As a result, these positions are up for election. If you live in an area where the position is not up for election or you do not want to run against an incumbent and you want to be considered for an appointed position, please complete the form below, writing "Appointed" in the Candidate for Area line.

If you would like to know more about what is involved in becoming a board member or need more information on becoming a candidate, email gtia@greentrails.org or contact the current board member for your area. To see the Board of Directors in action, please come to one of our meetings at 7:00 pm on the second Tuesday of the month. Watch the Pathfinder or check the website for information about the time and location of the next meeting. Your involvement makes a difference in Green Trails!

YES!

I would like to be a candidate in the GTIA Board elections

Candidate for Area _____

Name _____

Address _____

Phone Number _____

GTIA Account Number _____

****Please attach a paragraph or two describing yourself and your interest in this position.**

I am a homeowner in good standing with the Green Trails Improvement Association

Candidate's Signature

Mail to: Green Trails Improvement Association
P.O. Box 3106
Lisle, IL 60532-8106

Must be received by 5:00 p.m. on Tuesday, September 13, 2022.

Summary of GTIA Board Meeting Minutes July 12, 2022 Pending Board Approval

Peter Bakas called the meeting to order at 7:05 p.m. at Trinity Grounds For Hope including virtual access. Board members participating: Greg Athas, Peter Bakas, Joe Broda, Bob Klaeren, Jevon Knowles, Les Lavin, Gary Ledvora, George O'Hare, Michael Olson, Pavel Snopok, Liz Sullivan, Karen Szarek and John Warrington. Board members excused: Pat Coughlin-Schillo and Alden Snyder. Management: Brenda Pung d/b/a BL Management Properties. Paula Gleason was Recording Secretary. A quorum was available.

Open Forum: None

Minutes of the Prior Meeting: Minutes of the June meeting were presented for review.

Board Motion: Karen Szarek motioned to approve the June meeting minutes, George O'Hare seconded. Motion was passed by a unanimous voice vote.

Treasurer's Report: Joe Broda reviewed the June Balance Sheet, and Income and Expense Statement.

As of June 1st, the delinquent amount was \$34,850.67 consisting of 29 accounts. One payment in full and three partial payments were received for a total of \$1,275.50 in prior year collections. The first half-year's interest was added to 17 past due accounts totaling \$396.55; \$200 in lien recording fees were waived for 2 accounts; we received \$2,756.00 in payments, which brings our delinquent amount balance to \$31,015.72 representing 21 accounts.

Board Motion: Gary Ledvora motioned to approve the check register expenditures presented of \$43,390.61 for July, Greg Athas seconded. Motion was passed by a unanimous voice vote.

Management Report: Daily call logs were provided to the Board.

Financial reports for June 30, 2022 were included. During the period of 6/11-7/8, there were 11 assessment letter requests and 3 refinance requests. A June list of fourteen closings was included. Welcome letters are being sent to new owners.

Included in the Board packet was an updated 2022 Committee Member roster amending the member list to the Maintenance and the Communications/Technology committees.

The GTIA Nationwide Insurance Policy renewal for policy period 8/2/22 – 8/2/23 in the amount of \$5,773 was submitted for review.

Board Motion: Les Lavin motioned to approve the Nationwide Insurance Policy renewal as submitted in the amount of \$5,773 for policy period 8/2/22-8/2/23, Pavel Snopok seconded. Motion was passed by a unanimous voice vote.

Five accounts paid balance in full; Management is in process of releasing liens.

One account overpaid their 2022 assessment by \$18; an invoice for refund check is included in the Board packet.

On 6/30/22 the first half year's interest was added to 17 past due accounts totaling \$396.55 and the respective updated invoices were mailed the same date.

Draft report and Management representation letter for GTIA 2021 Audit as submitted by Robert J. Ripp & Associates was submitted for acceptance; to be discussed in the Finance Committee report.

Total of 2022 assessments collected as of 7/8/22 for 2,056 accounts was \$393,568.

Please see "Minutes" cont. on page 4

Green Trails Improvement Association Board of Directors

Peter Bakas - President - Area N, TYN-APC
Leslie Lavin - Vice President - Area E, WGL(W)
Joe Broda - Treasurer, Area I, SR1
Robert Klaeren - Secretary, Area L, SR4, LW1, AWC, CG apts.
Pavel Snopok - Area A, HF3, 4&5
George O'Hare - Area B, HF1, OKS
Gary Ledvora - Area C, WV1,2,TLO
Liz Sullivan - Area D, HF2, WGL(E)
Alden Snyder - Area F, CWD, HTW, WGL 1-31
Karen Szarek - Area G, PRM
Pat Coughlin-Schillo - Area H, GR1 &2, LWS, SR5
Jevon Knowles - Area J, SR2, BLM
John Warrington - Area K, SR3, LW2
Greg Athas - Area M, HPT
Michael Olson - Area O, GT apts.

Green Trails Pathfinder is a newsletter of the
 Green Trails Improvement Association
 Board Meeting is on the second Tuesday of the month.
 All Green Trails residents are welcome.

NEXT MEETING: August 9, 2022

7:00 p.m. - Meeting will be in person
 Board will meet at Trinity Grounds for Hope Café
 2701 Maple Ave., Lisle

Always check www.greentrails.org for latest info.

NEED INFORMATION OR HAVE QUESTIONS?

Please call if
 you need information or have
 questions regarding Green Trails.
 Brenda Pung
 630-415-8293
 GTIA
 PO Box 3106, Lisle, IL 60532

**Visit the Green Trails
 website at:**
www.greentrails.org
or email us at
gtia@greentrails.org

GTIA Yearly Assessment Policy

Assessments are paid annually. The billing for the each year's assessment is mailed no later than Nov. 29th. Payment is due Jan. 1st. If payment is not received by Feb. 1st, an administrative fee is added to the assessment. If an owner does not receive an invoice by Dec. 10th, notify management immediately. GTIA policy states the homeowner is responsible for paying on time, with or without the invoice. If your address has changed, or if you have any questions regarding your bill, call 630-415-8293.

SELLING? REFINANCING?

Anyone selling or refinancing within Green Trails will need a Statement of Account (PAL – Paid Assessment Letter). One can be requested by going to our website at www.greentrails.org and filling out and submitting the PAL- Paid Assessment Letter Form or by calling 630-415-8293. A \$100 fee will apply. Requests must be made at least ten days in advance of closing, or a rush fee may apply.

Please read the box on the Classified
 page for instructions on how to submit
 an ad. Commercial ads should be
 submitted to address at right.

EDITOR
Beth Haugeberg
 630-416-7693
 E-Mail stories to:
pathfinderarticles@greentrails.org

**For Commercial Ads
 Contact Katherine at**
ALLEGRA
Marketing Print Mail
 2200 Ogden Ave., Ste 550
 Lisle, IL 60532
630-963-9100
katherine@allegraperville.com

"Minutes" cont. from page 3

T&M completed June Board-approved removals.

T&M completed Management-authorized emergency branch and brush clean-up on identified common area paths to remove a safety hazard.

BE applied 2nd authorized treatment of Needlecast fungicide to spruce trees and Miticide to pines along College Road on 6/20/22.

T&M submitted their proposal #630 in the amount of \$2,710 for the removal of six dead trees identified during inspections.

Board Motion: Joe Broda motioned to approve T&M proposal #630 in the amount of \$2,710, Karen Szarek seconded. Motion was passed by a unanimous voice vote.

T&M provided a proposal to trim low-hanging branches and bushes overhanging the trail at 45 addresses for \$65 per address.

Board Motion: Greg Athas motioned to approve the T&M proposal as submitted in an amount not to exceed \$3,000, Liz Sullivan seconded. Motion was passed by a unanimous voice vote.

As part of the permitting for trail work on D5, the VOL required GTIA to install a detectable warning device at the entryway consistent with ADA standards. Commercial Asphalt subsequently provided a proposal to include the associated work.

Board Motion: Bob Klaeren motioned to approve the Commercial Asphalt proposal as submitted in the amount of \$375, Gary Ledvora seconded. Motion was passed by a unanimous voice vote.

G. Allen Moore Landscape submitted a proposal to restore turf behind Shagbark Court after Commercial Asphalt completes their work, in the amount of \$1,699.

Board Motion: Liz Sullivan motioned to approve the G. Allen Moore proposal as submitted in an amount not to exceed \$2,000, Jevon Knowles seconded. Motion was passed by a unanimous voice vote.

An updated Violations Report was included in the Board packet. Management and the Maintenance Committee will continue to follow-up on all open issues.

Management recommends approval of a Twin Oaks Lane ACIA form requesting approval to continue to maintain a previously installed planting by their property in the common area.

Board Motion: Jevon Knowles motioned to approve the ACIA form as submitted with required maintenance language to be included in the revised approval by Leslie Lavin, Greg Athas seconded. Motion was passed by a majority voice vote of 12 affirmative votes and 1 negative vote.

G&G proposal received today to remove weeds in 5 specified areas, in the amount of \$1,030. In anticipation of other areas to be added, Management and Maintenance recommended approval of \$2,000.

Board Motion: Gary Ledvora motioned to approve the G&G proposal as submitted in an amount not to exceed \$2,000, George O'Hare seconded. Motion was passed by a unanimous voice vote.

Management conferred with the Communications/Technology Committee to verify open positions for the 2022 GTIA Board election.

The joint Finance/Maintenance Committee budget planning meeting was rescheduled to July 21.

Management will meet with the Finance Committee August 17 to develop a first draft of the 2023 budget.

Finance Committee: Joe Broda provided details in answer to written questions from several Board members regarding specific notes 6, 7, 8 and 9 in the draft Audit Report. The consensus of the Board was to get further clarification on some notes inquired about that Joe Broda to discuss with the auditor and approval was pushed to the next Board meeting.

Maintenance Committee: Les Lavin identified several issues which need to be addressed including procurement and installation of ADA detectable warning pads on VOL ROW entryways to GTIA trails; weed control and mowing of VOL ROW contiguous with GTIA common area property; and island maintenance.

Maintenance is reviewing a stormwater drainage issue on Heritage Lane.

Communication/Technology Committee: Liz Sullivan noted that the team is on schedule to transfer from the old website to the new one; Pavel and Greg are working on that. The Committee will look for someone to manage the website.

Liz confirmed that articles on collections, elections and articles addressing drainage issues have been prepared to publish in the Pathfinder.

Parks Committee: In Pat Coughlin-Schillo's absence, Pat submitted a written report and noted that completed Park District evaluation forms are due to her by 8/31. After Pat receives the forms, she will schedule a meeting with Aaron Cerutti to review the responses with him. Liz Sullivan will attend the July Park District Board meeting.

Old Business/New Business: Congratulations were extended to Peter Bakas, now a "Grandpa" of two-week-old Chloe!

Board Member Area Reports

Area G: Karen Szarek reported that several residents questioned who and how trees from the nursery are selected to be transplanted.

Executive Session: None

Adjournment

Board Motion: There being no further business, Michael Olson motioned to adjourn the meeting, Pavel Snopok seconded. The motion was passed by a unanimous voice vote, the meeting was adjourned at 8:50 p.m.

Respectfully submitted,

Paula Gleason, Recording Secretary, Signature on File

GTIA Contractor Communications



GTIA employs a network of highly qualified contractors to conduct maintenance work within the GTIA owned properties. It is critical that any communications with our contractors be conducted solely through GTIA Management to ensure that the

work conforms to the contractual specifications and the expectations of the Board. Attempts by homeowners to communicate with contractors while they are working on the Common Area can have an adverse impact on the cost, schedule, and outcome of the work in process.

Should homeowners become concerned or have questions regarding any work being performed within the Common Area, please contact GTIA Management at (630) 415-8293 or by email at gtia@greentrails.org. In no instance should homeowners use abusive language, threaten, or otherwise impede the work being done by the contractors. Improper action by the homeowners toward contractors may be reported to the police as necessary.

Calendar

August 2

Lisle Park District National Night Out

5:00-8:00 PM @ Lisle High School Parking Lot (Free, no reg. req.)
visit <https://www.lisleparkdistrict.org/nationalnightout.html>

August 9

Lisle Park District Family Picnic in the Park

6:00-8:00 PM @ Lisle Community Park (All ages, must register at
<https://www.lisleparkdistrict.org/familypicnicinthepark.html>)

August 12

Annual Perseid Meteor Shower - Peak Night

August 17

Naperville District 203 Classes Begin

August 20

World Mosquito Day (seriously?)

August 27

Downtown Lisle Car Show

6:00 PM - 8:30 PM @ Main Street, Burlington Avenue &
Commuter Lots in Downtown Lisle

August 30

Toasted Marshmallow Day - S'Mores anyone?

RESIDENTIAL STORMWATER DRAINAGE



Green Trails Improvement Association (GTIA) has been receiving an increasing number of calls concerning drainage issues. Upon inspection, it has been determined that many of these issues involve residential property owners channeling drainage from roof drains and/or sump pumps onto GTIA Common Areas (CAs). In addition to creating hazardous conditions for path users, this situation has resulted in turf and path damage.

Any drainage collected on private property is to be discharged within that same property and with consideration of any designated

setback. GTIA does not allow direct discharge onto the Common Area.

Additionally, the Village of Lisle (VOL) has published rules for discharging stormwater, which are available on the VOL website under Stormwater and Floodplain Regulations. They state: ***The discharge of any sump pump, downspout, or other piped discharge must drain across a minimum of ten feet (10') of pervious surface prior to leaving the site or shall otherwise be mitigated. (Ord. 2021-4935, 11-15-2021).*** See https://codelibrary.amlegal.com/codes/lisleil/latest/lisle_il/0-0-0-30079#JD_12-1-7. Area deed restrictions also address drainage issues and should be consulted before making modifications to private property.

Annual CA inspections are underway and GTIA does enforce the Green Trails "Violations and Fines Policy" when violations are noted within or when they affect the CAs. This policy is available on the GTIA website, <https://greentrails.org/>.

Residents are requested to check their water drainage discharge points and take remedial action if they find that they are in violation of the GTIA, VOL, or Deed Restriction regulations.

Be A Good Neighbor - Do Not Deposit Yard Waste On GTIA Common Areas

The dumping of yard waste or other unwanted materials onto the Green Trails Common Areas (CA) is strictly prohibited. In view of recent increases in this type of activity, Green Trails Improvement Association (GTIA) will begin to report such incidents to the appropriate Village of Lisle authorities.

Depositing such materials into the CA's not only detracts from the appearance of the Green Trails neighborhood, but also has the potential to create storm water drainage problems, mowing impediments, and a general increase in the cost of maintaining the property under GTIA's purview. The Village of Lisle offers multiple ways to properly dispose of yard waste.

If you witness anyone taking part in such activities or observe areas where materials have been dumped, please contact GTIA Management at (630) 415-8293 or by email at gtia@greentrails.org.



Pruning - Do Your Part to Maintain Our Paths

GTIA contractors have begun pruning activities along the Common Area (CA) trails. Properly maintained landscaping along the trail system helps to maintain sight distances in addition to making it safer for pedestrians and cyclists to use. In consideration of cost and frequency of this maintenance item, our contractor has been instructed to trim as far back into the CA as is practical.

Homeowners are encouraged to keep trees and bushes rooted on their property from overgrowing onto or over the CA's, particularly when such growth impedes passage along the trails or obstructs the lights. For multi-use trails, such as those in Green Trails, tree limbs and vegetation must be cut back from the edge of and at least 8 feet above the path. Additionally, any vegetation obstructing pathway lighting must be removed.

Should GTIA find overgrowth from private property extending into the CA, contractors are instructed to trim as far back as to the property boundary but will not extend trimming into the private property. GTIA and its contractors will not take responsibility for any adverse impact to landscaping due to trimming. Consequently, it would be in the best interests of the homeowners to monitor and conduct trimming of any overgrowth emanating from their property. Please direct any questions regarding this issue to GTIA Management (630) 415-8293 or by email at gtia@greentrails.org.



Corridors Aren't Just for Buildings

by Kristy A. Belton, PhD



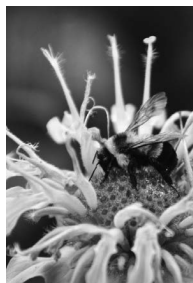
When we think of corridors, we often think of hallways that allow for the movement of people within buildings. They connect separate, yet adjoining rooms. Corridors also exist outside of human-made structures. They consist of the annual migratory routes of birds, pollinators and other wildlife, as well as the passageways

between habitats that wildlife communities use daily for food, shelter and other purposes. Hummingbirds, for instance, follow particular patterns, as do bees and other species, as they forage for food.

Since foraging is a practice that is so far removed from our consciousness, we rarely pause to wonder what it must be like to be a nonhuman being that forages for food in our world of housing developments, plazas and roads. We expend our energy, when we don't "order in," on driving to restaurants and grocery stores for sustenance. The wildlife with which we share our land, on the other hand, must expend physical energy to search for food and water. This process becomes difficult in our (sub)urban landscapes as our gardens are largely food deserts.

We have lots of nonnative turf grass, which provides little by way of ecological value (and even becomes detrimental with herbicide applications). Sometimes planting beds line these grassy areas, but these beds are mainly mulch chips. While mulch provides food for fungi as the chips decompose, the lack of plants within these mulchscapes is a lost opportunity to bolster biodiversity. Typically, when plants are included within the mulched beds, they are not native plants and, thereby, offer less ecological value to our local pollinators. In essence, we make it hard for other species to thrive alongside us.

Assuming we want the next generations to see what a particular butterfly, salamander or bird looks like outside of a book or a webpage, we have to become stewards of the land we own. We must create the connected habitat, or "corridors," that these nonhuman beings need within our gardens. For instance, a small bed of milkweed in one neighbor's garden and another a few doors down will allow a monarch butterfly to expend far less energy trying to find the only plants that her offspring can eat for this species' continuation. In another example, the survival of Illinois' endangered rusty patch bumblebee could be buttressed if neighbors each selected one native plant from among the top ten list to plant in their gardens.



One plant, one garden, and another and another and, just like that, we not only create, but we expand corridors within our communities. We create spaces of mutual flourishing where our gardening practices not only beautify, but they provide a life-line as well.

Resources

Homegrown National Park. No Date. <https://homegrownnationalpark.org/>.

Illinois Monarch Project. No Date. <http://illinoismonarchproject.org/>.

Tallamy, Douglas W. 2019. *Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard*. Portland, OR: Timber Press, Inc.

"Top 10 Native Plants: Superfoods for Rusty Patched Bumblebees." 2020. <https://www.spearheadmhas.org/uploads/1/2/7/4/127447349/top10b.pdf>.

Fiber... How to Get Enough

Submitted By Dennise Vaughn

Resident and Homewatch Caregivers Administrator

Fiber is essential for healthy digestion, and high fiber diets are linked to improved heart health. Food sources high in fiber include:

- split peas
- lentils
- black beans
- lima beans
- artichokes
- raspberries

The Academy of Nutrition and Dietetics recommends that women aim for 25 grams of fiber per day and men consume 38 grams. However, only 5% of the population meet those numbers.



There are fiber supplements available in many forms that can help people who want to increase the amount of fiber in their diets if they're not eating or getting enough from food. People use fiber supplements to prevent constipation, reduce cholesterol, and manage weight, blood glucose levels, and diverticulosis.

Soluble vs. Insoluble Fiber

Soluble fiber absorbs the water in your food and becomes a gel-like substance, slowing digestion. This limits how much is absorbed in your intestines, helping to reduce cholesterol.

It may also regulate blood sugar and even lower your risk of developing type 2 diabetes. Additionally, soluble fiber is associated with lowering blood pressure, which may lead to reduced cardiovascular risk.

You can find soluble fiber in foods like:

- oatmeal
- flaxseed
- barley
- dried peas
- oranges
- apples
- carrots
- beans

Insoluble fiber doesn't absorb water and adds bulk to your stool. It helps move food through your digestive system quickly and can relieve constipation. Insoluble fiber has been associated with a decreased risk of diverticulitis and cardiovascular disease.

You can find insoluble fiber in foods like:

- seeds
- nuts
- dark green leafy vegetables
- wheat bran
- brown rice
- bulgur

Fiber Supplements

Fiber supplements can help you meet the Recommended Daily Intake of fiber to support bowel movements, especially in people who find it difficult to consume enough from dietary sources such as fruits, vegetables, and whole grains.

Fiber has been shown to improve LDL (bad) cholesterol and other blood lipid levels to support heart health. It's also been shown to reduce blood sugar. It's important to speak with your primary care professional before taking a fiber supplement if you also take medications that affect blood cholesterol or blood sugar levels.

It's important to note that while fiber supplements do provide health benefits, they lack the vitamins, minerals, and other healthful compounds that fiber-rich foods provide.

Can You Take a Fiber Supplement Every Day?

There's no conclusive evidence showing daily use of a fiber supplement is harmful.

While bloating, cramping, and gas may occur in the initial stages of taking a fiber supplement, it's likely safe to take on a daily basis as long as you use a quality fiber supplement and follow the package directions.

What Food Item is Highest in Fiber?

Chia seeds have the highest fiber content per 100-gram serving providing roughly 34 grams of fiber.

Other foods containing higher amounts of fiber include popcorn, oatmeal, lentils, black beans, avocado, and raspberries.

The "Bottom" Line

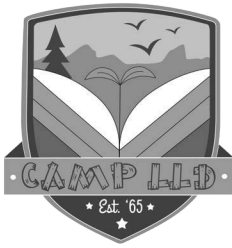
Increasing your dietary intake of fiber is generally considered safe for most people. Women should aim for at least 25 grams per day, and men should aim for at least 38 grams per day.

If you're experiencing gastrointestinal problems beyond occasional constipation, or if you're concerned that you don't consume enough fiber through whole food sources, talk with your healthcare professional about adding a fiber supplement to your routine.

Source: Healthline

Lisle Library Events

For more information, or to register for any of these events, visit lislelibrary.org or call 630-971-1675



SUMMER READ! June 4 – August 13

Visit lislelibrary.beanstack.com or download the Beanstack Tracker app on June 4 to register for Summer Read!

Kids: Track minutes, books, or days read (your choice) to earn prizes.

Teens: Read and log four books to earn a Library Loot Kit- complete with treats,

crafts, games, and more!

Adults: Read and log four books to earn an LLD pint glass!

SIGN UP TODAY!

Storytimes

Virtual (All ages):

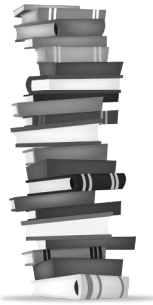
Tuesdays: 10:30AM

Wednesdays: 6PM

Outdoor:

These Storytimes will take place in the grassy lot south of the Library.

- Mondays: Family Storytime
6PM (Ages 2-5)
- Tuesdays: Little Movers & Shakers
10AM (Ages 0-2)
- Wednesdays: Little Movers & Shakers
10AM (Ages 0-5)
- Thursdays: Outdoor Storytime
10AM (Ages 2-5)
- Fridays (Aug 5, 12, 19 & 26, Sept 2):
Dragonfly Landing Storytime
10AM (Ages 2-5)



Adults & Teens:



August 10 @ 7PM: Virtual Program: Meditation: A Vacation from Stress

Umesh Bhatia, long-time meditation practitioner and teacher, teaches meditation in this lively and engaging workshop. We'll also practice the techniques discussed.

August 12 @ 6PM (Parking Lot): Outdoor Teen Craft: DIY Desk Organizer

Craft a desk organizer for back-to-school season! We'll meet outside in the parking lot.

August 23 @ 7PM: Virtual Program:

Let's Talk About Gender Identity: An Introductory Discussion

Join Alithia Zamantakis, Ph.D., Postdoctoral Scholar at The Institute for Sexual and Gender Minority Health and Wellbeing at Northwestern University, for a presentation that will help participants understand conceptual differences in assigned sex, gender identity, and gender expression. Attendees will also receive resources to further explore the topic.

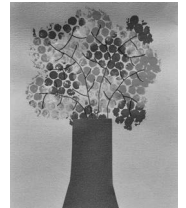


August 25 @ 7PM: Virtual Program: Virtual Anime and Manga Night

Join us on Zoom as we screen anime, talk about our favorites, and enjoy a manga-inspired craft. Pick up an anime night kit at the Circulation Desk beginning a week before the program with all the necessary treats and supplies for our virtual meeting.

August 30 @ 6:30PM (Parking Lot): Adult Outdoor Craft: Bubble Wrap Tree Paintings

Love being outside and crafting? Join us on the hardscape for Bubble Wrap Tree Painting as we use bubble wrap as a stamp to create tree paintings that are out of this world! Registration is required and begins August 23 @ 9:30AM. Weather Permitting.



Technology Classes

August 11 @ 2PM: Virtual Program:

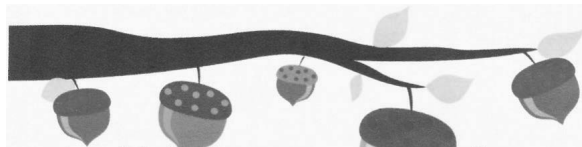
Research Products and Services Before You Buy!

Learn how to use Consumer Reports to find product recommendations, reviews, and ratings and Consumers' Checkbook to vet local service providers.

August 18 @ 7PM: Virtual Program: Research Investments with Morningstar

Learn how to use Morningstar, an online resource featuring data and analysis for international and domestic stocks, mutual funds, and exchange-traded funds.

Registration is required. To sign up for these programs, go to <https://lislelibrary.evanced.info/signup>



Fall for New Friends Tea Party

Sunday, September 18th, 2pm
Tea - Food - Entertainment - Games
FUN!

Four Lakes Alpine Lodge
5750 Lake Side Drive Lisle, IL
RSVP by Sept 4th
www.lislewomensclub.org/contact-us

Lisle Woman's Club (LWC) would love to have you and your friends join us for an afternoon of fun while making new friends!

LWC is an organization of women of all ages committed to volunteerism-community-friendships.

To RSVP, go to www.lislewomensclub.org/contact-us. Complete the form and in the comment section, write "Tea Party-Reserve (Qty)."

Hope to see you there!
Free Admission
Kathleen Palia
Membership Chair



Honey Pasta and Beets (6 servings)

A colorful and sweet side dish for any summer meal!

- | | |
|---|--|
| 1 C walnut halves | 1 medium red onion, cut into thin wedges |
| 2 tsp extra-virgin olive oil | 3 cloves garlic, sliced |
| 1/2 tsp Kosher salt | 3 Tbsp lemon juice |
| 1-1/2 lb golden beets, peeled & quartered | 2 Tbsp honey |
| 12 oz orecchiette pasta | 1/2 tsp crushed red pepper |
| 2 Tbsp extra-virgin olive oil | 1/4 C chopped fresh dill |

Preheat oven to 350 degrees. Combine walnuts, olive oil and Kosher salt; transfer to baking pan, tossing to coat evenly. Roast 7 minutes until toasted, set aside. Add beets to a large pot of salted boiling water. Return to boiling. Add pasta and cook according to package directions. Reserve 1/2 c pasta water. Drain. Heat the 2 Tbsp olive oil in an extra-large skillet over low heat. Add onion and garlic; cook and stir until fragrant. Add lemon juice, honey and red pepper. Increase heat to medium. Add pasta, toss until coated; adding pasta water as needed. Optional: season to taste with salt. Remove from heat. Toss with walnuts and dill.



Aim above morality - be not simply good, be good for something.

If opportunity doesn't knock, build a door.

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Visit the Lisle French Market

Visit the Lisle French Market on Garfield

Avenue at Burlington Avenue, just east of Route 53, adjacent to beautiful PrairieWalk Pond. This colorful open-air French-Canopied

Market features a variety of fresh produce, meats, delicious baked goods, gourmet items, plants, flowers, artisan crafts and weekly live entertainment. The market is open every Saturday (rain or shine) through October 15th from 8am to 1pm. Parking is free and there is no admission fee. If you are interested to secure a booth at the 2022 Lisle French Market, please contact Market Supervisor, paula_gleason@yahoo.com.



Green Trails Classified Ads

Green Trails residents may submit ads and articles for publication in the Pathfinder free of charge according to approved guidelines:

1. Ads must be received by the editor on or before the 12th of each month to be considered for publication. Ads may be sent by e-mail or by USPS. If sent by USPS, the ads must be typed or printed on 8 ½ X 11 paper.
(2030 Carriage Hill Rd. - Lisle)
2. Ads must include the residents GTIA Account Number (as found on their Pathfinder label), name, address, telephone number and/or e-mail address.
3. Ads will be limited to 25 words.
4. Renewal ads must be re-submitted each month according to these guidelines.
5. Ads that do not meet policy guidelines will not be printed.
6. Ads for businesses will not be accepted for free publication.
7. First-time classified ad submissions will take priority over repeat ads, and the editor will have discretion over revisions to ads.

DISCLAIMER

The Green Trails Improvement Association does not endorse any of the products or services listed in the Pathfinder.

SUBMITTING CLASSIFIEDS

- Classifieds must be renewed monthly via e-mail with "pathfinder" in the subject line.
- No phone-in ads or phone renewals.
- Classifieds should be sent to Beth Haugeberg at: pathfinderads@greentrails.org.

Questions: Call Beth at 1-630-416-7693.

FOR SALE:

- Girl's size 8 figure skates @\$8.; pecan finish wood sewing machine desk 21" x 42" with lots of storage, thread rack and shelves, etc. @ \$100.; 2 toddler white metal frame chairs @ \$8.; 2 sets of 4 crystal goblets @\$15., two mother of the bride dresses, size 12, one jacquard aqua and one dusty pink, both with lace @ \$25 each. Exercise equipment (3) with weights. Lake Geneva, WIS/RCI Global Exchange Timeshare, Best offer. Please call 630-527-9442 and leave a message.
- Numerous unworn (still with tags) warm velour neck zip Large & XLarge sport tops, one Bulls and one Cubs @ \$25. each. Ladies size 6 (large) royal blue wool maxie coat @\$40. Excellent condition.

Ladies size 14 royal blue silk jacket & matching blouse @\$40. Excellent condition. Ladies size 7 1/2 N 1" stack heels, light aqua/blue @\$8. bridal shoes worn once. Call 630-527-9442 and leave a message.

FOR RENT:

- One car parking space available for lease starting August 1, 2022 for lease. Monthly lease for \$50. Parking space location: Abbeywood Condominium at the corner of College Road and Abbeywood Drive. Please contact Nilesh Desai at 630-697-6597 or email: nileshisnd@gmail.com
- Breathtaking MOUNTAIN GETAWAY. Winter Park, CO. Scenic view overlooking the Continental Divide and the quaint Ski Village at the Zephyr Mountain Lodge. Fully furnished 1 BR condo sleeps 4. Includes full kitchen, cozy fireplace, outdoor hot tub. Great mountain biking trails, Championship golf, mini golf, white water rafting, Alpine slide, and spa. \$895 per week. Phone 630-460-0010.

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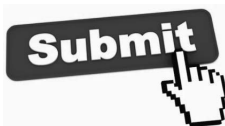
- Need a tutor? 630-920-3444. JH science, math, HS, bio, chem physics, algebra-calculus. Experienced tutor has BS biochemistry, MS chemistry.



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Visit the GTIA website for back issues of the Pathfinder, minutes from previous board meetings, and much more!

www.greentrails.org



You can submit classified ads online! Just go to greentrails.org and navigate to **Pathfinder**. Then just click **Ad Submission Form** to submit.



The Pathfinder is looking for articles, photographs, and suggestions. If you have an idea or a submission, please send it to pathfinderarticles@greentrails.org. We cannot accept any-

thing promoting a business, but we would be happy to highlight the accomplishments of our residents, local fundraisers, and opportunities available to our neighborhood and our neighbors. Make sure to include your contact information in case any additional information is required.



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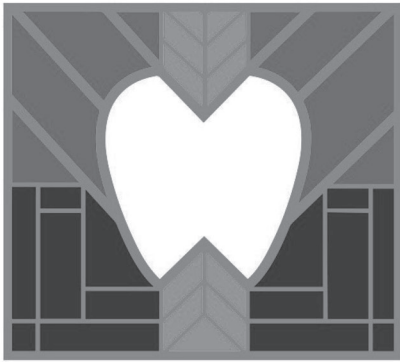
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| | | |
|-----------------------------|------------|------------|
| Total sold listings: | 37 | 5 |
| Lowest sold price: | \$320,000. | \$132,000. |
| Highest sold price: | \$995,000. | \$235,000. |
| Average sold price: | \$520,758. | \$183,000. |
| Average market time: | 18days | 8days |

Active**Single Family Homes****Multi Fam Homes**

| | | |
|------------------------------|------------|------------|
| Total active listing: | 17 | 4 |
| Lowest list price: | \$350,000. | \$224,900. |
| Highest list price: | \$669,900. | \$159,000 |
| Average list price:: | \$501,576. | \$187,900 |
| Under contract/days: | 14/41days | 4/27day- |



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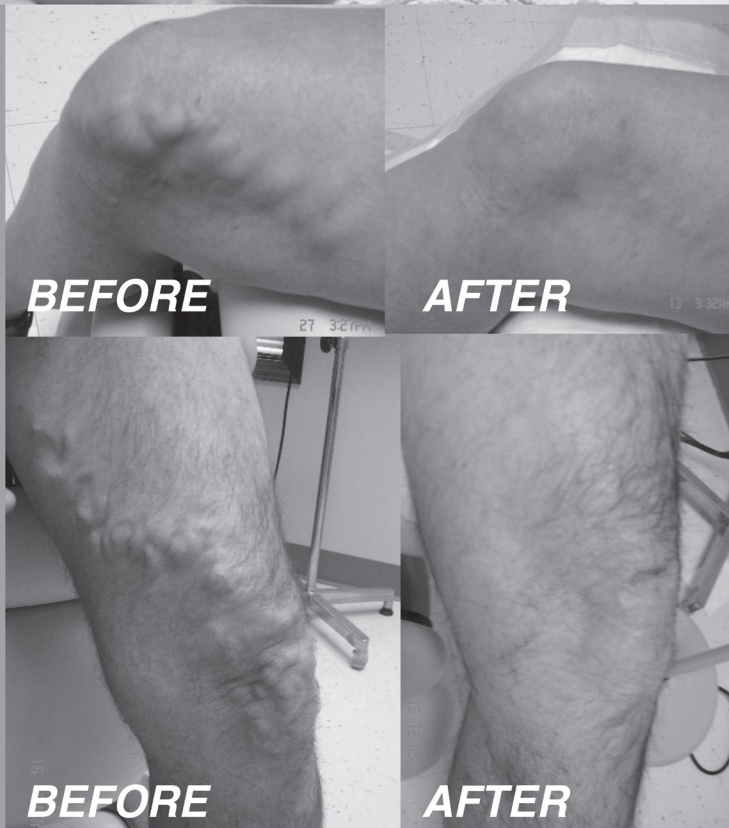
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